

MEET TOLU ADETAYO



What has been your favorite PSYC class and why?

My favorite psych class was PSYC202, Biological Basis of Behavior. I think the brain is one of the most interesting organs in the body. It amazes me how one organ is responsible for everything that makes us who we are. And I love how there is still so much we don't know about the brain. It was a difficult class, but I always left having learned something new.

What is your advice for incoming first year students?

The first year of college brings a lot of new changes, and UMD is a big campus. It's common for new students to feel overwhelmed or lost. So, I would advise them to find ways to make the campus smaller. Join a bunch of random clubs that sound fun, and find new interests. Talk to the people on your floor, and try going to all the different events on campus. Remember every other first year is in the same boat as you, and you will find your niche on campus eventually!

What do you want to do after you graduate?

I'm really passionate about health equity. So, I'm hoping to get a PhD in Clinical Neuropsychology. I want to research how physical and mental diseases relate, as well as how to holistically treat chronic illnesses. Eventually, I'd like to apply my research in hospital setting and consult with patients who have neurological diseases or need psychological support. I'd also like to consult government officials to create health policies that benefit marginalized groups.