

# MEET MICAHA HERMAN



## **What is your favorite thing about PSYC?**

My favorite thing about the PSYC major is its comprehensiveness and flexibility. I feel confident that the program has given me a well-rounded foundational knowledge of all areas of psychology while allowing me to take extra courses about the topics that are most important to me. It's also made it really doable for me to double-major in English!

## **What are some other activities you are involved in?**

Outside of class, I have worked as/am currently a research assistant in a number of labs – the Social Justice Lab, the Maryland Psychotherapy Clinic and Research Lab, and the Counseling Psychology Research Center. I am a volunteer at the Help Center, UMD's peer counseling and crisis intervention hotline, and I am an editor at the Paper Shell Review (one of the top journals of undergraduate literary criticism in the country)!

## **What do you want to do after you graduate?**

After I graduate, I hope to earn a PhD in counseling psychology in order to assist me in my goal of combining advocacy, therapy practice, and scholarship to provide support to those who need it most.